




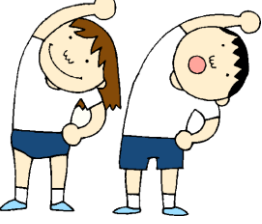





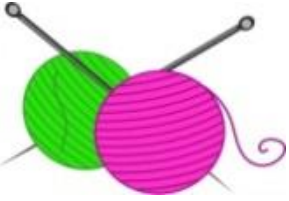






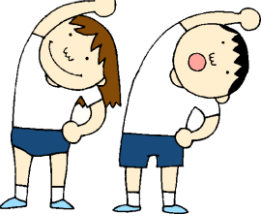






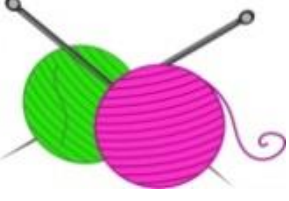






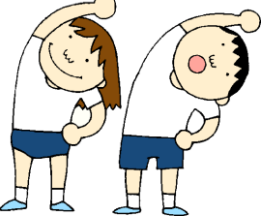

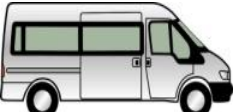
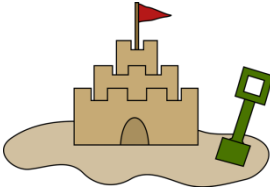


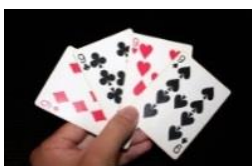
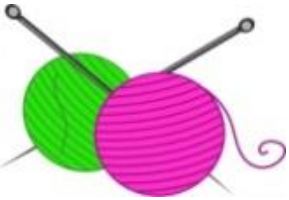





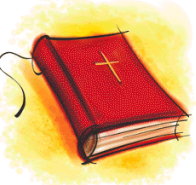
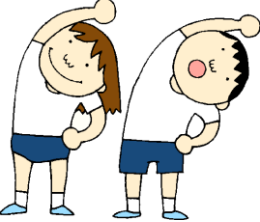




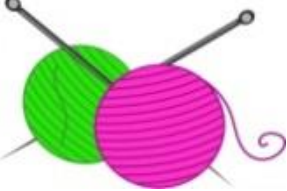





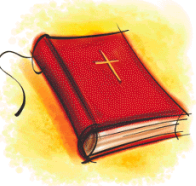
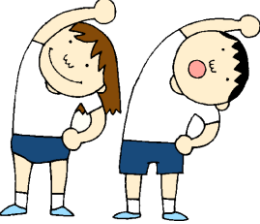






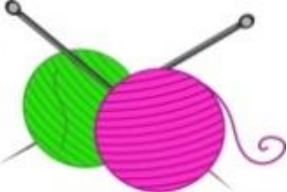



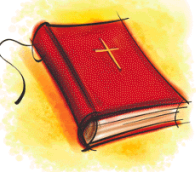
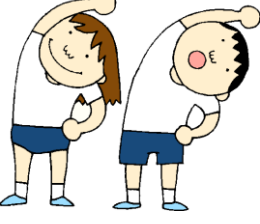







<p>Sunday 26th</p> <p>10.30am - Matins</p> 	<p>Monday 27th</p> <p>August Bank Holiday</p> <p>10am – Social Group</p> 	<p>Tuesday 28th</p> <p>10am Painting and drawing</p>  <p>2.30pm.</p> <p>Tai Chi</p>  <p>4.30pm Evening Prayers</p> 	<p>Wednesday 29th</p> <p>10.15am Keep Fit</p>  <p>12.30pm Barbeque</p>  <p>2pm Garden Games with the NATIONWIDE Volunteers</p>	<p>Thursday 30th</p> <p>10am Elite Fashions</p>  <p>2pm Board Games</p> 	<p>Friday 31st</p> <p>10.15am –Holy Eucharist Service</p>  <p>2pm – Canasta</p> 	<p>Saturday 1st September</p> <p>10am - Knit and Natter social group</p> 
<p>Sunday 2nd</p> <p>10.30am - Matins</p> 	<p>Monday 3rd</p> <p>10am - Craft Group</p>  <p>2pm Nice and Easy Rat Pack Singers.</p> 	<p>Tuesday 4th</p> <p>11am OTAGO</p>  <p>2.30pm Tai Chi</p>  <p>4.30pm Evening Prayers</p> 	<p>Wednesday 5th</p> <p>10.15am Keep Fit</p>  <p>3.30pm Lollipop Minature Shetland Ponies visiting the home</p> 	<p>Thursday 6th</p> <p>10.30am Volunteers Coffee Morning</p>  <p>1..30 pm IL Shopping trip and Library</p>  <p>2pm Board Games</p> 	<p>Friday 7th</p> <p>10.15am – Holy Eucharist Service</p>  <p>2pm – Canasta</p> 	<p>Saturday 8th</p> <p>10am - Knit and Natter social group</p>  <p>10am Pets as Therapy Dog Visiting</p>
<p>Sunday 9th</p> <p>10.30am – Matins</p> 	<p>Monday 10th</p> <p>9.30am Suzanna's Manicures</p>  <p>10am - Craft Group</p>  <p>2.pm</p>	<p>Tuesday 11th</p> <p>10am Painting and drawing</p>  <p>2pm.</p> <p>Motivation with Alison and Oscar</p>  <p>4.30pm Evening Prayers</p> 	<p>Wednesday 12th</p> <p>10.15am Keep Fit</p>  <p>11.30am IL's Surgery</p>  <p>2pm Mini Bus Trip</p> 	<p>Thursday 13th</p> <p>Hunstanton Trip</p>  <p>2pm Board Games</p> 	<p>Friday 14th</p> <p>10.15am – Holy Eucharist Service</p>  <p>2pm – Canasta</p> 	<p>Saturday 15th</p> <p>10am - Knit and Natter social group</p> 

<p>Sunday 16th</p> <p>10.30am – Matins</p> 	<p>Monday 17th</p> <p>9.30am Suzanna's Manicures</p>  <p>10am - Craft Group</p>  <p>2pm Yoga with Helena</p> 	<p>Tuesday 18th</p> <p>11am Otago</p>  <p>4.30pm Evening Prayers</p> 	<p>Wednesday 19th</p> <p>10.15am Keep Fit</p>  <p>2pm Bingo with the Volunteers</p> 	<p>Thursday 20th</p> <p>2pm Board Games</p> 	<p>Friday 21st</p> <p>10.15am – Holy Eucharist Service</p>  <p>2pm Canasta</p> 	<p>Saturday 22nd</p> <p>10am - Knit and Natter social group</p> 
<p>Sunday 23rd</p> <p>10.30am – Matins</p> 	<p>Monday 24th</p> <p>10am - Craft Group</p>  <p>2pm Quiz with Graham</p> 	<p>Tuesday 25th</p> <p>10am Painting and drawing</p>  <p>2.30pm. – Tai Chi</p>  <p>4.30pm Evening Prayers</p> 	<p>Wednesday 26th</p> <p>10.15am Keep Fit</p>  <p>2pm Mini bus trip</p> 	<p>Thursday 27th</p> <p>10am Carpet Bowls</p>  <p>2pm Abington Library Trip</p>  <p>2pm Board Games</p> 	<p>Friday 28th</p> <p>10.15am – Holy Eucharist Service</p>  <p>2pm – Canasta</p> 	<p>Saturday 29th</p> <p>10am - Knit and Natter social group</p>  <p>10.30am Macmillan Coffee Morning</p> 
<p>Sunday 30th</p> <p>10.30am – Matins</p>  <p>11am 3pm Un- named /Lost Property</p>	<p>Monday 1st October</p> <p>10am - Craft Group</p>  <p>2pm TBC</p>	<p>Tuesday 2nd</p> <p>11am Otago</p>  <p>2pm TBC</p> <p>4.30pm Evening Prayers</p> 	<p>Wednesday 3rd</p> <p>10.15am Keep Fit</p>  <p>2pm Independent Living Meeting</p> 	<p>Thursday 4th</p> <p>10.30am Volunteers Coffee Morning</p>  <p>2pm Board Games</p> 	<p>Friday 5th</p> <p>10.15am – Holy Eucharist Service</p>  <p>2pm – Canasta</p> 	<p>Saturday 6th</p> <p>10am - Knit and Natter social group</p> 