




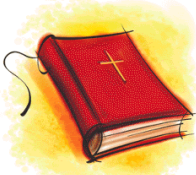






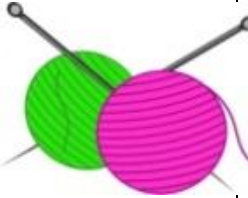


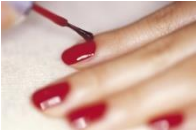










# OCTOBER 2017 Activities sheet

<p><b>Sunday 1st</b></p> <p><b>10.30am - Matins</b></p> 	<p><b>Monday 2nd</b></p> <p><b>9.30am</b></p> <p><b>Suzanna's Manicures</b></p>  <p><b>10am - Craft Group</b></p>  <p><b>2pm Norman Hubner On the Electric Organ</b></p> 	<p><b>Tuesday 3rd</b></p> <p><b>10am Making Christmas Decorations and cards</b></p> <p><b>2.30pm Tai Chi</b></p>  <p><b>6.30pm Evening Prayers</b></p> 	<p><b>Wednesday 4th</b></p> <p><b>10.15am Keep Fit</b></p>  <p><b>2pm Independent Living Meeting</b></p>	<p><b>Thursday 5th</b></p> <p><b>10.30am Volunteers Coffee Morning</b></p>  <p><b>2pm Board Games</b></p> 	<p><b>Friday 6th</b></p> <p><b>10.15am - Holy Eucharist Service</b></p>  <p><b>2pm - Canasta</b></p> 	<p><b>Saturday 7th</b></p> <p><b>10am - Knit and Natter social group</b></p>  <p><b>2pm Abington Food Fair</b></p>
<p><b>Sunday 8th</b></p> <p><b>10.30am - Matins</b></p>  <p><b>10am Un Named Items</b></p> <p>Are you missing any cloths? please come and check (or ask friends and family to.)</p>	<p><b>Monday 9th</b></p> <p><b>10am - Craft Group</b></p>  <p><b>2pm Monthly Prayer Group Meeting</b></p> 	<p><b>Tuesday 10th</b></p> <p><b>10am - Painting and drawing</b></p>  <p><b>2pm Motivation with Alison and Oscar</b></p>  <p><b>6.30pm Evening Prayers</b></p> 	<p><b>Wednesday 11th</b></p> <p><b>10.15am Keep Fit</b></p>  <p><b>2pm - Jenny Simmonds Singer</b></p>	<p><b>Thursday 12th</b></p> <p><b>2pm Board Games</b></p> 	<p><b>Friday 13th</b></p> <p><b>10.15am - Holy Eucharist Service</b></p>  <p><b>2pm - Canasta</b></p> 	<p><b>Saturday 14th</b></p> <p><b>10am - Knit and Natter social group</b></p> 
<p><b>Sunday 15th</b></p> <p><b>10.30am - Matins</b></p> 	<p><b>Monday 16th</b></p> <p><b>10am - Craft Group</b></p>  <p><b>2pm Quiz with Graham</b></p> 	<p><b>Tuesday 17th</b></p> <p><b>9.30am</b></p> <p><b>Suzanna's Manicures</b></p>  <p><b>2pm.</b></p> <p><b>Abington Mothers Union</b></p>  <p><b>6.30pm Evening Prayers</b></p> 	<p><b>Wednesday 18th</b></p> <p><b>10.15am Keep Fit</b></p>  <p><b>2pm The Years Finals for Carpet Bowls</b></p>  <p><b>2pm Tina's Clothing Sale</b></p> 	<p><b>Thursday 19th</b></p> <p><b>10am WEAR IT PINK Coffee Morning</b></p>  <p><b>1.45pm Abington Library Trip</b></p>  <p><b>2pm Board Games</b></p> 	<p><b>Friday 20th</b></p> <p><b>10.15am - Holy Eucharist Service</b></p>  <p><b>2pm - Canasta</b></p> 	<p><b>Saturday 21st</b></p> <p><b>10am - Knit and Natter social group</b></p> 

<p><b>Sunday 22nd</b></p> <p><b>10.30am – Matins</b></p> 	<p><b>Monday 23rd</b></p> <p><b>10am - Craft Group</b></p>  <p><b>2pm Yoga with Helena</b></p> 	<p><b>Tuesday 24th</b></p> <p><b>10am Painting and drawing</b></p>  <p><b>2.30pm Tai Chi</b></p>  <p><b>6.30pm Evening Prayers</b></p> 	<p><b>Wednesday 25th</b></p> <p><b>10.15am Keep Fit</b></p>  <p><b>2pm Mini bus Trip</b></p> 	<p><b>Thursday 26th</b></p> <p><b>10am Carpet Bowls with Caroline</b></p>  <p><b>2pm Board Games</b></p> 	<p><b>Friday 27th</b></p> <p><b>10.15am – Holy Eucharist Service</b></p>  <p><b>2pm Canasta</b></p> 	<p><b>Saturday 28th</b></p> <p><b>10am - Knit and Natter social group</b></p> 
<p><b>Sunday 29th</b></p> <p><b>10.30am – Matins</b></p> 	<p><b>Monday 30th</b></p> <p><b>10am - Craft Group</b></p> 	<p><b>Tuesday 31st</b></p> <p><b>9.30am Suzanna's Manicures</b></p>  <p><b>2pm. – Film Show</b></p>  <p><b>6.30pm Evening Prayers</b></p> 	<p><b>Wednesday 1st November</b></p> <p><b>10.15am Keep Fit</b></p>  <p><b>2pm Mini bus Trip</b></p> 	<p><b>Thursday 2nd</b></p> <p><b>10.30am Volunteers Coffee Morning</b></p>  <p><b>2pm Board Games</b></p> 	<p><b>Friday 3rd</b></p> <p><b>10.15am – Holy Eucharist Service</b></p>  <p><b>2pm</b></p> <p><b>2pm – Canasta</b></p> 	<p><b>Saturday 4th</b></p> <p><b>10am - Knit and Natter social group</b></p> 